

LESSON 3 TEACHING OUTLINE

SEPTEMBER 20, 2026

FAMILY THEME

Who Is God?

STUDY TEXT

GENESIS 1:1; ROMANS 1:19–20

Connect

VIDEO: Begin by showing this video that asks, “Who is God?” (tinyurl.com/WhoGodD6). Discuss the video and ask what evidence best supports the existence of God.

CULTURAL MOMENT: According to a 2025 report from Pew Research Center (tinyurl.com/PewGod2025), 83% of U.S. adults believe in God or a universal spirit. After discussion, say, *Many people believe in a higher power, but far fewer believe in the God of the Bible.*

OBJECT LESSON: Bring in an object like a watch, phone, book, or a picture of a sandcastle. Show this to the group and ask, *Would anyone believe this just appeared on its own without a maker? Why not?*

Teaching the Truth

BIG IDEA 1: Creation Points to a Creator (Genesis 1:1)

Live It Out: Be confident in God’s existence as you consider the wonder and complexity of life and creation.

- *How does the First Cause Argument help explain why the universe points to a Creator? (Everything that begins to exist must have a cause, and the God of the Bible is the best explanation for that cause.)*
- *What questions naturally arise when we think about where everything came from?*
- *How does Genesis 1:1 help answer those questions?*
- *How does understanding God as eternal shape the way you think about Him?*

BIG IDEA 2: Design Points to a Designer (Romans 1:19–20; Psalm 19:1)

Live It Out: As you observe the world around you, take time to notice specific examples of design in creation. Let them remind you of God’s power and presence.

Pass out copies of the AH 3-2 Adult Member Outline.

Encourage learners to memorize the Family Scripture of the Month (**Hebrews 4:12**) along with family members.

- *What are some examples of design in the world that stand out to you?*
- *How do these examples point beyond themselves to a Creator?*

Live It Out: Let the beauty and order of creation lead you to worship God as the Designer and Sustainer of all things.

- *How does Psalm 19:1 deepen your understanding of what creation reveals about God?*
- *In what ways does recognizing God as the Designer lead to worship and gratitude?*

BIG IDEA 3: Our Sense of Right and Wrong Points to a Righteous God (Romans 2:12–15; Hebrews 10:16)

Live It Out: Notice moments of fairness and injustice this week and let them point to the reality of a righteous God who has set a standard for all people.

- *Why do people across different cultures often agree on certain moral truths?*
- *What challenges would arise if morality were based only on personal or cultural opinions?*

Live It Out: Consider how our shared awareness of right and wrong points to God as the ultimate standard, and look for opportunities to share that truth with others.

- *What does our shared sense of right and wrong suggest about where morality comes from?*
- *What is the difference between simply trying to be a moral person and living in response to God as the ultimate standard of right and wrong?*

Respond

SHARING ONE'S FAITH: Identify one person who may have questions about God's existence. Start a conversation with that person by asking a simple question like, "What do you think about God?" Then share one idea from today's lesson.

FAITH AT HOME: Encourage group members to talk with their family this week about one way we can know God exists. Suggest choosing one example from the lesson—creation, design, or morality—and discussing it together in simple terms.

REFLECTION: Challenge group members to reflect on which truth from today's lesson strengthens their confidence in God the most. Encourage them to write down one reason they believe God exists and how that truth shapes the way they view the world.

Distribute copies of *As You Go* (AYG-3) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.